

## 2009 NORTH CENTRAL REGION YOUTH RISK BEHAVIOR SURVEY

### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 703 middle school students in North Central Region during February of 2009. Frequency distributions may not total 703 due to non-response and percents may not total 100 percent due to rounding.

<i>Q-1. How old are you?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 10 years old or younger	1	0.1%
b. 11 years old	3	0.4%
c. 12 years old	113	16.1%
d. 13 years old	300	42.9%
e. 14 years old	268	38.3%
f. 15 years old	14	2.0%
g. 16 years old or older	1	0.1%
<b>Total</b>	<b>700</b>	<b>100.0%</b>

<i>Q-2. What is your sex?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Female	336	48.3%
b. Male	360	51.7%
<b>Total</b>	<b>696</b>	<b>100.0%</b>

<i>Q-3. In what grade are you?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 7th grade	302	44.0%
b. 8th grade	384	56.0%
<b>Total</b>	<b>686</b>	<b>100.0%</b>

<i>Q-4. Are you Hispanic or Latino?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	43	6.3%
b. No	641	93.7%
<b>Total</b>	<b>684</b>	<b>100.0%</b>

<i>Q-5. What is your race?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. American Indian or Alaskan Native	150	21.3%
b. Asian	11	1.6%
c. Black or African American	13	1.8%
d. Native Hawaiian or Other Pacific Islander	13	1.8%
e. White	537	76.4%
(More than one response allowed)	<b>Total</b>	<b>724</b>
		<b>103.0%</b>

<i>Q-6. When you ride a bicycle, how often did you wear a helmet?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not ride a bicycle	71	10.3%
b. Never wear a helmet	394	57.1%
c. Rarely wear a helmet	119	17.2%
d. Sometimes wear a helmet	45	6.5%
e. Most of the time wear a helmet	25	3.6%
f. Always wear a helmet	36	5.2%
<b>Total</b>	<b>690</b>	<b>100.0%</b>

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Q-7. <i>When you rollerblade or ride skateboard, how often did you wear a helmet?</i>	<u>Count</u>	<u>Percent</u>
a. I do not rollerblade or ride a skateboard	309	44.6%
b. Never wear a helmet	272	39.2%
c. Rarely wear a helmet	58	8.4%
d. Sometimes wear a helmet	21	3.0%
e. Most of the time wear a helmet	22	3.2%
f. Always wear a helmet	11	1.6%
<b>Total</b>	<b>693</b>	<b>100.0%</b>
Q-8. <i>How often do you wear your seat belt when riding in a car?</i>	<u>Count</u>	<u>Percent</u>
a. Never	25	3.7%
b. Rarely	53	7.8%
c. Sometimes	111	16.4%
d. Most of the time	237	35.0%
e. Always	251	37.1%
<b>Total</b>	<b>677</b>	<b>100.0%</b>
Q-9. <i>How often do you wear your seat belt when driving a car?</i>	<u>Count</u>	<u>Percent</u>
a. I do not drive a car	412	60.4%
b. Never	38	5.6%
c. Rarely	24	3.5%
d. Sometimes	36	5.3%
e. Most of the time	47	6.9%
f. Always	125	18.3%
<b>Total</b>	<b>682</b>	<b>100.0%</b>
Q-10. <i>During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</i>	<u>Count</u>	<u>Percent</u>
a. 0 times	538	77.9%
b. 1 time	52	7.5%
c. 2 or 3 times	62	9.0%
d. 4 or 5 times	9	1.3%
e. 6 or more times	30	4.3%
<b>Total</b>	<b>691</b>	<b>100.0%</b>
Q-11. <i>During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?</i>	<u>Count</u>	<u>Percent</u>
a. 0 times	654	94.9%
b. 1 time	22	3.2%
c. 2 or 3 times	3	0.4%
d. 4 or 5 times	3	0.4%
e. 6 or more times	7	1.0%
<b>Total</b>	<b>689</b>	<b>100.0%</b>
Q-12. <i>During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	517	74.4%
b. 1 day	41	5.9%
c. 2 or 3 days	47	6.8%
d. 4 or 5 days	26	3.7%
e. 6 or more days	64	9.2%
<b>Total</b>	<b>695</b>	<b>100.0%</b>

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<i>Q-13. During the past 30 days, on how many days did you carry a gun?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days			606	87.2%
b. 1 day			26	3.7%
c. 2 or 3 days			31	4.5%
d. 4 or 5 days			12	1.7%
e. 6 or more days			20	2.9%
	<b>Total</b>		<b>695</b>	<b>100.0%</b>
<i>Q-14. During the past 30 days, did you carry a weapon such as a gun, knife or club on school property?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes			50	7.2%
b. No			642	92.8%
	<b>Total</b>		<b>692</b>	<b>100.0%</b>
<i>Q-15. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days			661	94.8%
b. 1 day			24	3.4%
c. 2 or 3 days			8	1.1%
d. 4 or 5 days			2	0.3%
e. 6 or more days			2	0.3%
	<b>Total</b>		<b>697</b>	<b>100.0%</b>
<i>Q-16. During the past 12 months, has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes			51	7.3%
b. No			644	92.7%
	<b>Total</b>		<b>695</b>	<b>100.0%</b>
<i>Q-17. During the past 12 months, have you ever been in a physical fight?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes			244	35.4%
b. No			446	64.6%
	<b>Total</b>		<b>690</b>	<b>100.0%</b>
<i>Q-18. During the past 12 months, have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes			23	3.3%
b. No			670	96.7%
	<b>Total</b>		<b>693</b>	<b>100.0%</b>
<i>Q-19. During the past 12 months, have you ever been in a physical fight on school property?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes			130	18.7%
b. No			564	81.3%
	<b>Total</b>		<b>694</b>	<b>100.0%</b>
<i>Q-20. During the past 12 months, have you ever been bullied on school property?</i>			<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes			263	38.4%
b. No			422	61.6%
	<b>Total</b>		<b>685</b>	<b>100.0%</b>

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Q-21. During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging?	<u>Count</u>	<u>Percent</u>
a. Yes	108	15.6%
b. No	586	84.4%
<b>Total</b>	<b>694</b>	<b>100.0%</b>
Q-22. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	<u>Count</u>	<u>Percent</u>
a. Yes	133	19.1%
b. No	562	80.9%
<b>Total</b>	<b>695</b>	<b>100.0%</b>
Q-23. During the past 12 months, did you ever seriously think about killing yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	97	14.0%
b. No	598	86.0%
<b>Total</b>	<b>695</b>	<b>100.0%</b>
Q-24. During the past 12 months, did you make a plan about how you would kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	49	7.1%
b. No	646	92.9%
<b>Total</b>	<b>695</b>	<b>100.0%</b>
Q-25. During the past 12 months, did you ever try to kill yourself?	<u>Count</u>	<u>Percent</u>
a. Yes	37	5.3%
b. No	657	94.7%
<b>Total</b>	<b>694</b>	<b>100.0%</b>
Q-26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	<u>Count</u>	<u>Percent</u>
a. I did not attempt suicide	556	81.0%
b. Yes	44	6.4%
c. No	86	12.5%
<b>Total</b>	<b>686</b>	<b>100.0%</b>
Q-27. Have you ever tried cigarette smoking, even one or two puffs	<u>Count</u>	<u>Percent</u>
a. Yes	199	28.7%
b. No	494	71.3%
<b>Total</b>	<b>693</b>	<b>100.0%</b>
Q-28. How old were you when you smoked a whole cigarette for the first time?	<u>Count</u>	<u>Percent</u>
a. I have never smoked a whole cigarette	554	80.5%
b. 8 years old or younger	34	4.9%
c. 9 years old	8	1.2%
d. 10 years old	21	3.1%
e. 11 years old	21	3.1%
f. 12 years old	24	3.5%
g. 13 years old or older	26	3.8%
<b>Total</b>	<b>688</b>	<b>100.0%</b>

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<i>Q-29. During the past 30 days, on how many days did you smoke cigarettes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	625	90.7%
b. 1 or 2 days	31	4.5%
c. 3 to 5 days	12	1.7%
d. 6 to 9 days	7	1.0%
e. 10 to 19 days	4	0.6%
f. 20 to 29 days	2	0.3%
g. All 30 days	8	1.2%
<b>Total</b>	<b>689</b>	<b>100.0%</b>

<i>Q-30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not smoke cigarettes during the past 30 days	626	90.1%
b. Less than 1 cigarette per day	38	5.5%
c. 1 cigarette per day	14	2.0%
d. 2 to 5 cigarettes per day	13	1.9%
e. 6 to 10 cigarettes per day	2	0.3%
f. 11 to 20 cigarettes per day	0	0.0%
g. More than 20 cigarettes per day	2	0.3%
<b>Total</b>	<b>695</b>	<b>100.0%</b>

<i>Q-31. During the past 30 days, how did you usually get your own cigarettes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not smoke cigarettes during the past 30 days	622	89.4%
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	9	1.3%
c. I bought them from a vending machine	3	0.4%
d. I gave someone else money to buy them for me	13	1.9%
e. I borrowed them from someone else	13	1.9%
f. A person 18 years old or older gave them to me	4	0.6%
g. I took them from a store or family member	13	1.9%
h. I got them some other way	19	2.7%
<b>Total</b>	<b>696</b>	<b>100.0%</b>

<i>Q-32. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	34	5.0%
b. No	648	95.0%
<b>Total</b>	<b>682</b>	<b>100.0%</b>

<i>Q-33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garret, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	637	91.7%
b. 1 or 2 days	33	4.7%
c. 3 to 5 days	6	0.9%
d. 6 to 9 days	6	0.9%
e. 10 to 19 days	3	0.4%
f. 20 to 29 days	3	0.4%
g. All 30 days	7	1.0%
<b>Total</b>	<b>695</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-34. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	648	93.6%
b. 1 or 2 days	25	3.6%
c. 3 to 5 days	10	1.4%
d. 6 to 9 days	5	0.7%
e. 10 to 19 days	1	0.1%
f. 20 to 29 days	0	0.0%
g. All 30 days	3	0.4%
<b>Total</b>	<b>692</b>	<b>100.0%</b>

<i>Q-35. Have you ever had a drink of alcohol, other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	284	41.8%
b. No	395	58.2%
<b>Total</b>	<b>679</b>	<b>100.0%</b>

<i>Q-36. How old were you when you had your first drink of alcohol other than a few sips?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had a drink of alcohol other than a few sips	394	57.4%
b. 8 years old or younger	63	9.2%
c. 9 years old	23	3.3%
d. 10 years old	31	4.5%
e. 11 years old	46	6.7%
f. 12 years old	57	8.3%
g. 13 years old or older	73	10.6%
<b>Total</b>	<b>687</b>	<b>100.0%</b>

<i>Q-37. During the past 30 days, on how many days did you have at least one drink of alcohol?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	553	79.9%
b. 1 or 2 days	86	12.4%
c. 3 to 5 days	29	4.2%
d. 6 to 9 days	10	1.4%
e. 10 to 19 days	6	0.9%
f. 20 to 29 days	3	0.4%
g. All 30 days	5	0.7%
<b>Total</b>	<b>692</b>	<b>100.0%</b>

<i>Q-38. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	618	89.8%
b. 1 day	37	5.4%
c. 2 days	18	2.6%
d. 3 to 5 days	9	1.3%
e. 6 to 9 days	2	0.3%
f. 10 to 19 days	1	0.1%
g. 20 or more days	3	0.4%
<b>Total</b>	<b>688</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-39. Have you ever used marijuana?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	110	15.8%
b. No	585	84.2%
<b>Total</b>	<b>695</b>	<b>100.0%</b>

<i>Q-40. How old were you when you tried marijuana for the first time?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never tried marijuana	594	85.1%
b. 8 years old or younger	28	4.0%
c. 9 years old	6	0.9%
d. 10 years old	17	2.4%
e. 11 years old	7	1.0%
f. 12 years old	19	2.7%
g. 13 years old or older	27	3.9%
<b>Total</b>	<b>698</b>	<b>100.0%</b>

<i>Q-41. During the past 30 days, how many times did you marijuana?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	621	90.5%
b. 1 or 2 times	27	3.9%
c. 3 to 9 times	19	2.8%
d. 10 to 19 times	4	0.6%
e. 20 to 39 times	5	0.7%
f. 40 or more times	10	1.5%
<b>Total</b>	<b>686</b>	<b>100.0%</b>

<i>Q-42. Have you ever used any form of cocaine, including powder, crack, or freebase?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	32	4.6%
b. No	660	95.4%
<b>Total</b>	<b>692</b>	<b>100.0%</b>

<i>Q-43. Have you ever sniffed glue or breathed the contents of spray cans, or inhaled any paints or sprays to get high?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	96	14.0%
b. No	592	86.0%
<b>Total</b>	<b>688</b>	<b>100.0%</b>

<i>Q-44. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 times	674	97.0%
b. 1 or 2 times	17	2.4%
c. 3 to 9 times	1	0.1%
d. 10 to 19 times	2	0.3%
e. 20 to 39 times	1	0.1%
f. 40 or more times	0	0.0%
<b>Total</b>	<b>695</b>	<b>100.0%</b>

<i>Q-45. Have you ever used steroid pills or shots without a doctor's prescription</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	15	2.2%
b. No	674	97.8%
<b>Total</b>	<b>689</b>	<b>100.0%</b>

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Q46 During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	<u>Count</u>	<u>Percent</u>
a. Yes	52	7.5%
b. No	637	92.5%
<b>Total</b>	<b>689</b>	<b>100.0%</b>

Q-47. Have you ever had sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. Yes	99	14.7%
b. No	575	85.3%
<b>Total</b>	<b>674</b>	<b>100.0%</b>

Q-48. How old were you when you had sexual intercourse for the first time?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	584	84.6%
b. 8 years old or younger	29	4.2%
c. 9 years old	7	1.0%
d. 10 years old	5	0.7%
e. 11years old	14	2.0%
f. 12 years old	15	2.2%
g. 13 years old or older	36	5.2%
<b>Total</b>	<b>690</b>	<b>100.0%</b>

Q-49. With how many people have you had sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	588	85.5%
b. 1 person	48	7.0%
c. 2 people	20	2.9%
d. 3 people	9	1.3%
e. 4 people	5	0.7%
f. 5 people	4	0.6%
g. 6 or more people	14	2.0%
<b>Total</b>	<b>688</b>	<b>100.0%</b>

Q-50. During the past 3 months, with how many people did you have sexual intercourse?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	582	84.7%
b. I have had sexual intercourse, but not during the past 3 months	50	7.3%
c. 1 person	29	4.2%
d. 2 people	11	1.6%
e. 3 people	3	0.4%
f. 4 people	1	0.1%
g. 5 people	3	0.4%
h. 6 or more people	8	1.2%
<b>Total</b>	<b>687</b>	<b>100.0%</b>

Q-51. Did you drink alcohol or use drugs before you had sexual intercourse the last time?

	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	578	84.3%
b. Yes	36	5.2%
c. No	72	10.5%
<b>Total</b>	<b>686</b>	<b>100.0%</b>



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<i>Q-52. The last time you had sexual intercourse, did you or your partner use a condom?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I have never had sexual intercourse	579	85.0%
b. Yes	66	9.7%
c. No	36	5.3%
<b>Total</b>	<b>681</b>	<b>100.0%</b>
<i>Q-53. How do you describe your weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Very underweight	23	3.4%
b. Slightly underweight	90	13.2%
c. About the right weight	394	57.8%
d. Slightly overweight	153	22.4%
e. Very overweight	22	3.2%
<b>Total</b>	<b>682</b>	<b>100.0%</b>
<i>Q-54. Which of the following are you trying to do about your weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Lose weight	276	40.2%
b. Gain weight	80	11.7%
c. Stay the same weight	156	22.7%
d. I am not trying to do anything about my weight	174	25.4%
<b>Total</b>	<b>686</b>	<b>100.0%</b>
<i>Q-55. During the past 7 days, on how many days did you eat breakfast?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	71	10.4%
b. 1 day	45	6.6%
c. 2 days	52	7.6%
d. 3 days	49	7.2%
e. 4 days	48	7.0%
f. 5 days	57	8.3%
g. 6 days	55	8.0%
h. 7 days	308	45.0%
<b>Total</b>	<b>685</b>	<b>100.0%</b>
<i>Q-56. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	378	57.0%
b. No	285	43.0%
<b>Total</b>	<b>663</b>	<b>100.0%</b>
<i>Q-57. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	212	31.2%
b. No	468	68.8%
<b>Total</b>	<b>680</b>	<b>100.0%</b>
<i>Q-58. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. Yes	61	9.0%
b. No	620	91.0%
<b>Total</b>	<b>681</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

Q-59. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?  
(Do not include meal replacement products such as Slim Fast.)

	<u>Count</u>	<u>Percent</u>
a. Yes	25	3.7%
b. No	657	96.3%
<b>Total</b>	<b>682</b>	<b>100.0%</b>

Q-60. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	<u>Count</u>	<u>Percent</u>
a. Yes	31	4.5%
b. No	651	95.5%
<b>Total</b>	<b>682</b>	<b>100.0%</b>

Q-61. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	<u>Count</u>	<u>Percent</u>
a. I did not drink 100% fruit juice during the past 7 days	137	20.0%
b. 1 to 3 times during the past 7 days	266	38.8%
c. 4 to 6 times during the past 7 days	130	19.0%
d. 1 time per day	67	9.8%
e. 2 times per day	41	6.0%
f. 3 times per day	19	2.8%
g. 4 or more times per day	25	3.6%
<b>Total</b>	<b>685</b>	<b>100.0%</b>

Q-62. During the past 7 days, how many times did you eat fruit?

	<u>Count</u>	<u>Percent</u>
a. I did not eat fruit during the past 7 days	89	13.1%
b. 1 to 3 times during the past 7 days	237	35.0%
c. 4 to 6 times during the past 7 days	155	22.9%
d. 1 time per day	68	10.0%
e. 2 times per day	66	9.7%
f. 3 times per day	28	4.1%
g. 4 or more times per day	34	5.0%
<b>Total</b>	<b>677</b>	<b>100.0%</b>

Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite?

	<u>Count</u>	<u>Percent</u>
a. I did not drink a soda or pop during the past 7 days	133	19.6%
b. 1 to 3 times during the past 7 days	305	45.1%
c. 4 to 6 times during the past 7 days	108	16.0%
d. 1 time per day	60	8.9%
e. 2 times per day	40	5.9%
f. 3 times per day	8	1.2%
g. 4 or more times per day	23	3.4%
<b>Total</b>	<b>677</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-64. During the past 7 days, how many glasses of milk did you drink?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I did not drink milk during the past 7 days	71	10.6%
b. 1 to 3 glasses during the past 7 days	143	21.3%
c. 4 to 6 glasses during the past 7 days	119	17.7%
d. 1 glass per day	90	13.4%
e. 2 glasses per day	105	15.6%
f. 3 glasses per day	84	12.5%
g. 4 or more glasses per day	59	8.8%
<b>Total</b>	<b>671</b>	<b>100.0%</b>

<i>Q-65. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	57	8.6%
b. 1 day	36	5.5%
c. 2 days	51	7.7%
d. 3 days	71	10.8%
e. 4 days	63	9.6%
f. 5 days	102	15.5%
g. 6 days	62	9.4%
h. 7 days	217	32.9%
<b>Total</b>	<b>659</b>	<b>100.0%</b>

<i>Q-66. On an average school day, how many hours do you watch TV?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not watch TV on an average school day	73	10.9%
b. Less than 1 hour per day	141	21.0%
c. 1 hour per day	113	16.9%
d. 2 hours per day	151	22.5%
e. 3 hours per day	101	15.1%
f. 4 hours per day	47	7.0%
g. 5 or more hours per day	44	6.6%
<b>Total</b>	<b>670</b>	<b>100.0%</b>

<i>Q-67. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. I do not play video or computer games or use a computer for something that is not school work	122	18.1%
b. Less than 1 hour per day	222	33.0%
c. 1 hour per day	132	19.6%
d. 2 hours per day	83	12.3%
e. 3 hours per day	55	8.2%
f. 4 hours per day	22	3.3%
g. 5 or more hours per day	37	5.5%
<b>Total</b>	<b>673</b>	<b>100.0%</b>

<i>Q-68. In an average week when you are in school, on how many days do you go to physical education (PE) classes?</i>	<u><b>Count</b></u>	<u><b>Percent</b></u>
a. 0 days	114	17.1%
b. 1 day	26	3.9%
c. 2 days	116	17.4%
d. 3 days	240	36.1%
e. 4 days	50	7.5%
f. 5 days	119	17.9%
<b>Total</b>	<b>665</b>	<b>100.0%</b>

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### MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-69. During the past 12 months, on how many sports teams did you play?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. 0 teams	165	24.6%
b. 1 team	165	24.6%
c. 2 teams	147	21.9%
d. 3 or more teams	193	28.8%
<b><i>Total</i></b>	<b>670</b>	<b>100.0%</b>

<i>Q-70. Have you ever been taught about AIDS/HIV infection in school?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	446	66.7%
b. No	113	16.9%
c. Not sure	110	16.4%
<b><i>Total</i></b>	<b>669</b>	<b>100.0%</b>

<i>Q-71. Has a doctor or nurse ever told you that you have asthma?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. Yes	125	18.8%
b. No	507	76.1%
c. Not sure	34	5.1%
<b><i>Total</i></b>	<b>666</b>	<b>100.0%</b>

<i>Q-72. Do you still have asthma?</i>	<b><u>Count</u></b>	<b><u>Percent</u></b>
a. I have never had asthma	441	66.7%
b. Yes	101	15.3%
c. No	73	11.0%
d. Not sure	46	7.0%
<b><i>Total</i></b>	<b>661</b>	<b>100.0%</b>